

WHY IS A HAMBURGER CALLED A “HAMBURGER”?©

by Dan Pemble, Kissimmee, Florida – September 7, 2019

Without a doubt, hamburgers are probably the best-known of all foods, not only in America, but also throughout the world, and they are favored by many! In fact, in the USA and at many other world locations, there is a proliferation of top-name corporate-owned “restaurants” that specialize in serving hamburgers. Additionally, there are thousands of “Mom & Pop” businesses all across the USA and elsewhere in the world with “Hamburgers” at the top of their “marquees”. But, why is a hamburger called a “hamburger”?



All hamburger lovers know for sure that hamburgers contain no ham! Therefore factually, they should more appropriately be named “beef burgers” because that’s what they are! Now, if they did contain ham and not beef, then the name “hamburger” could be appropriately applied! However, like many other revelations from history that enlighten us throughout life, based on my research, here is why a hamburger is called a “hamburger”, as directly quoted from a Wikipedia site: *While the inspiration for the hamburger did come from Hamburg, the sandwich concept was invented much later. In the 19th century, beef from German Hamburg cows was minced and combined with garlic, onions, salt and pepper, then formed into patties (without bread or a bun) to make Hamburg steaks.*

Vegans need not despair; “Vegetable Burgers” will afford you an excellent replication of the “hamburger”!

SO NOW YOU KNOW! BON APPETIT!

